

Summer Learning in Full Swing

Drop-ins are underway & your summer & fall PD lineup

KEVIN WESTWOOD · TUESDAY, AUGUST 4, 2026 · 3 MIN READ

01

August — Breaking Barriers: Depression



Shannon McCracken

Presented by Shannon McCracken, Career Services Consultant.

Depression can be a significant barrier to employment, affecting motivation, confidence, focus, and job search success. Join Shannon for this engaging one-hour session designed for frontline employment service professionals to deepen your understanding of depression and its impact on job seekers.

Learn practical strategies to recognize signs of depression, have supportive conversations, reduce stigma, and help job seekers move toward their employment goals with confidence and dignity.

Breaking Barriers: Depression

Presenter	Shannon McCracken
Dates	August 18 or August 20 · 1:00 PM
Location	Zoom

[Registration for Breaking Barriers: Depression](#)

02

September — Building Resilience



Sri Prasad

Presented by Sri Prasad, theHUB's Occupational Therapist.

Working in employment services can be tough work! If you're struggling with self-care, maintaining boundaries, and burnout, you're not alone. Join Sri on September 15 or 17 to learn strategies to bolster your resilience — including skills that you can use with the job seekers you support!

Building Resilience

Presenter	Sri Prasad, Occupational Therapist
Dates	September 15 or September 17 · 1:00 PM
Location	Zoom

[Registration for Building Resilience](#)

03

Occupational Therapy Assessments



Sri Prasad

Are you or a job seeker you support unsure about their physical or cognitive abilities? Would you like more information on these factors to ensure the job seeker's path to employment is a good fit? Our Occupational Therapist can complete Functional Capacity Evaluations (FCEs) and cognitive assessments to provide you with more

information — as well as consultations to assist job seekers in managing injury/illness symptoms, discuss accommodations, and more!

Send in a referral to theHUB's Occupational Therapist any time.

[Submit an OT referral](#)

04

Career Exploration



Shannon McCracken

Working with a job seeker who isn't sure what direction to take? Employment service professionals are invited to request a consultation with our Career Services Consultant, Shannon McCracken. Together you can talk through where the job seeker is at and decide which career exploration assessment would be the most useful next step.

Two assessments are available through theHUB @PATH, and both help job seekers gain insight into their interests, strengths, and potential career pathways.

Jackson Career Explorer (JCE)

The Jackson Career Explorer is a comprehensive assessment that helps job seekers identify occupations aligned with their interests, skills, work values, and personality traits. With personalized career matches and detailed occupational information, the JCE supports informed career planning and decision-making.

Ashland Interest Assessment

The Ashland Interest Assessment helps job seekers explore career options by identifying their strongest vocational interests. Based on established career interest themes, it provides practical insights into occupations and work environments that may be a good fit, making it a valuable tool for career exploration and employment planning.

To get started, email Shannon directly and she will follow up with you.

[Request a Career Exploration Assessment](#)

05

Summer Drop-in Sessions Are Underway!



Mateja
Mihelcic



Shannon
McCracken

Facilitated by Mateja Mihelcic and Shannon McCracken.

Our weekly drop-ins are running every Wednesday through to August 26 — group case conferencing across the Fedcap Network. There is still plenty of summer left, so jump in any week that works for you.

We are very excited to facilitate these sessions again — and if you participated last summer, you know the value of coming together with people from all over the Fedcap network. See you there!

Weekly: Summer Drop-in (Zoom)

Facilitators	Mateja Mihelcic & Shannon McCracken
Dates	Wednesdays, now through August 26
Location	Zoom

[Add to your calendar](#)

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